

125 Cafeteria Plan Enrollment Form

Please complete this form and return it to your Human Resources Department
Please note :Admin fee of \$7.00 will be applied when enrolling in plan.



1 Personal Information

Employee Name (First Name, Last Name)		Company Name		
Street Address	City	State	Zip Code	Social Security Number
Employee Phone Number	Date of Birth	Date of Hire (Required)	Email Address (Required to receive e-mail communications)	

2 Benefit Election

- Initial Request New Year Request Waive Participation

If you are part of a company health insurance plan your premiums will automatically be paid pre-tax by payroll deduction. You may also choose any of the following benefits to add to your pre-tax deduction:

Number of pay periods per year: (Required) Bi-weekly (26) Weekly (52) Semi-monthly (24) Monthly (12)

Health Flexible Spending:
Must not exceed \$ 3,300/year as per IRS regulations

Enrollment Effective Date
(Required)

\$ _____

Per pay period election
(Required)

Annual Election

Limited Health Flexible Spending
(if you participate in an HSA you can only participate in a Limited FSA)

Enrollment Effective Date
(Required)

\$ _____

Per pay period election
(Required)

Annual Election

Dependent Care Expenses:
Maximum annual allowable election is \$5,000 per year OR \$2,500 per year if married and filing taxes separately

Enrollment Effective Date
(Required)

\$ _____

Per pay period election
(Required)

Annual Election

3 Debit Card (Health Care Expenses Only)

- I already have a card and will continue to use it. I am new to the Plan – please send me a card

You will receive 1 card in your name. If you would like an additional card for a dependent, indicate their name here: _____

For replacement cards, card fees and/or additional dependent cards please contact HR or visit our website at my.nbsbenefits.com

4 Direct Deposit Request

- Checking Account
 Savings Account

Your Financial Institution	_____
Financial Institution Address	_____
Account Number	_____
Routing Number	_____

IMPORTANT! Please attach a voided check with this form (not a deposit slip). Only for a savings account is a deposit slip acceptable. If you have Direct Deposit information on file it carries forward unless corrected or rescinded in writing by you.

I (We) authorize National Benefit Services, LLC to initiate credit entries and, if necessary, debit and adjustment entries for any credit entries and adjustments made in error to my (our) account indicated above and the financial institution named above.

Employee Signature	_____	Date	_____
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5 Employee Signature

I hereby authorize the appropriate payroll reductions as my contribution(s) to the Cafeteria Plan until changed by me in writing. I recognize that such payroll reductions shall be adjusted automatically in the event of a change in the insurance premiums of the benefits I have selected. I will only use the Flexible Spending Account (including the use of a Debit Card) for eligible expenses under the plan, and understand I will be responsible to pay for any transactions not allowed by the plan. In addition, I authorize the release of medical and account information to my spouse (if applicable).

Employee Signature	_____	Date	_____
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